

# Raspberry Ketones <sup>NX</sup>™

**NATURAL METABOLISM ENHANCING REMEDY**



## What is *Razberi-K*?

Razberi-K® is known as 'THE ORIGINAL RASPBERRY KETONE' and is the authentic material used in weight-loss conducted by Dr. Tim Ziegenfuss at The Wadsworth Medical Center in Ohio. Raspberry ketones naturally occur in red raspberries and when used in their pure-form perform as one of the most powerful fat burning compounds legally available.

ACCEPT NO SUBSTITUTE... DEMAND *Razberi-K*

## RASPBERRY KETONES... WHAT YOU NEED TO KNOW!

Referred to by Dr. Oz on his February 23, 2012 talk show as, "the #1 miracle in a bottle to burn fat", this article is intended to give you the facts and information you must know before purchasing a raspberry ketone product.

Raspberry Ketones are the naturally occurring aromatic compound found in red raspberries. Responsible for the sweet aroma that the fruit gives off, raspberry ketones, when taken in their pure form, work as one of the most powerful fat burners in the human body. With all this said, it is critical to understand that only a particular type of raspberry ketones, Razberi-K, has been studied and proven to be both safe and effective in humans. In a human research study conducted by the Ohio Research Group on Razberi-K, 200 mg showed powerful

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When raspberry ketones are used daily you can quickly decrease the amount of fat deposits in fat cells and body weight decreases. The other important thing you must understand is dosage and timing of raspberry ketones. Your dosage should be 100-200 mg two times daily. For optimum weight-loss results you should use 200 mg twice daily. It is very important not to exceed 200 mg in a single dose as it can cause side effects such as stomach irritation and will not provide better results. Products containing 400-500 mg per capsule are applying the "more is better rule" which should never be applied and is dangerous. The first 200 mg should be taken first thing in the morning before breakfast and the second 200 mg should be taken later in the day before dinner. On days that you exercise take 200 mg 30 minutes prior to exercise or any activity where you are physically active. By spreading out your dosage you will avoid problematic side effects, maximize effectiveness, and ensure your body remains in a fat loss state all day long. Last but not least, look for a product that combines raspberry ketones with a full-spectrum raspberry base as this provides more complete raspberry ketone product and also provides key antioxidants that are essential in any weight-loss program. Most companies use microcrystalline cellulose (wood pulp) as a filler because it is cheap but unfortunately interferes with the effectiveness of the product and it should be avoided.

### RASPBERRY-K® CUTS WEIGHT VIA 3-KEY BENEFITS:

- Shrinks fat cells by increasing hormone sensitive lipase (HSL)
- Increases norepinephrine induced thermogenesis
- Suppresses fat absorption and weight gain

### Medicinal Ingredient Facts

Serving Size: 1 Capsule  
Servings Per Container: 90

	Amount Per Serving
Razberi-K® Raspberry Ketones (Aromatic compound of Red Raspberry)	100 mg

**Non-Medicinal Ingredients:** 25 mg Brazilian Acai (Euterpe oleracea) (FruIt) Extract [4:1], 425 mg Full-Spectrum Raspberry (Rubus idaeus) Powder, K-CAPS® Vegetarian capsule (Hydroxypropyl methylcellulose) [Kosher & Halal Certified], Silica (Natural mineral source).

**DOES NOT CONTAIN:** Magnesium stearate, microcrystalline cellulose, soy, gluten, nuts, dairy or fish.

**Recommended Use or Purpose:** Helps promote weight loss.  
**Recommended Dosage and Directions:** Take 1-2 capsules before your two largest meals on an empty stomach with a glass of water. On days that you exercise take 1-2 capsules 30 minutes before training. For even faster results combine with NutraCentials Green Coffee Bean NX™, African Mango NX™, Cassia Quadringlans NX™, and Garcinia Cambogia NX™ before meals. From the makers of WeightOFF™ - [www.WeightOFF.com](http://www.WeightOFF.com)

**Warning/Risk Information:** Consult a health care practitioner prior to use. For best results combine with healthy eating habits and an active lifestyle.